The background of the slide features a close-up photograph of several dental wax models. These models are light-colored and show the detailed anatomy of teeth, including the cusps and grooves. Some of the models have a darker, more polished area on the occlusal surface, representing an indirect restoration. The models are arranged in a slightly overlapping manner, with one in the foreground being more prominent and slightly out of focus, while others are behind it. The lighting is soft, highlighting the texture of the wax.

Indirect Restorations in Dental Practice

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Indirect Restorations in Dental Practice

Vimal K Sikri

MDS, DOOP(PU), DEME(AIU), FICD

Former Professor and Head

Department of Conservative Dentistry and Endodontics

and

Principal

Punjab Government Dental College and Hospital

Amritsar, Punjab

India



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Ph: 23289259, 23266861, 23266867 Fax: 011-23243014 Website: www.cbspd.com

e-mail: delhi@cbspd.com; cbspubs@airtelmail.in.

Corporate Office: 204 FIE, Industrial Area, Patparganj, Delhi 110 092, India

Ph: 4934 4934

Fax: 4934 4935

e-mail: publishing@cbspd.com; publicity@cbspd.com

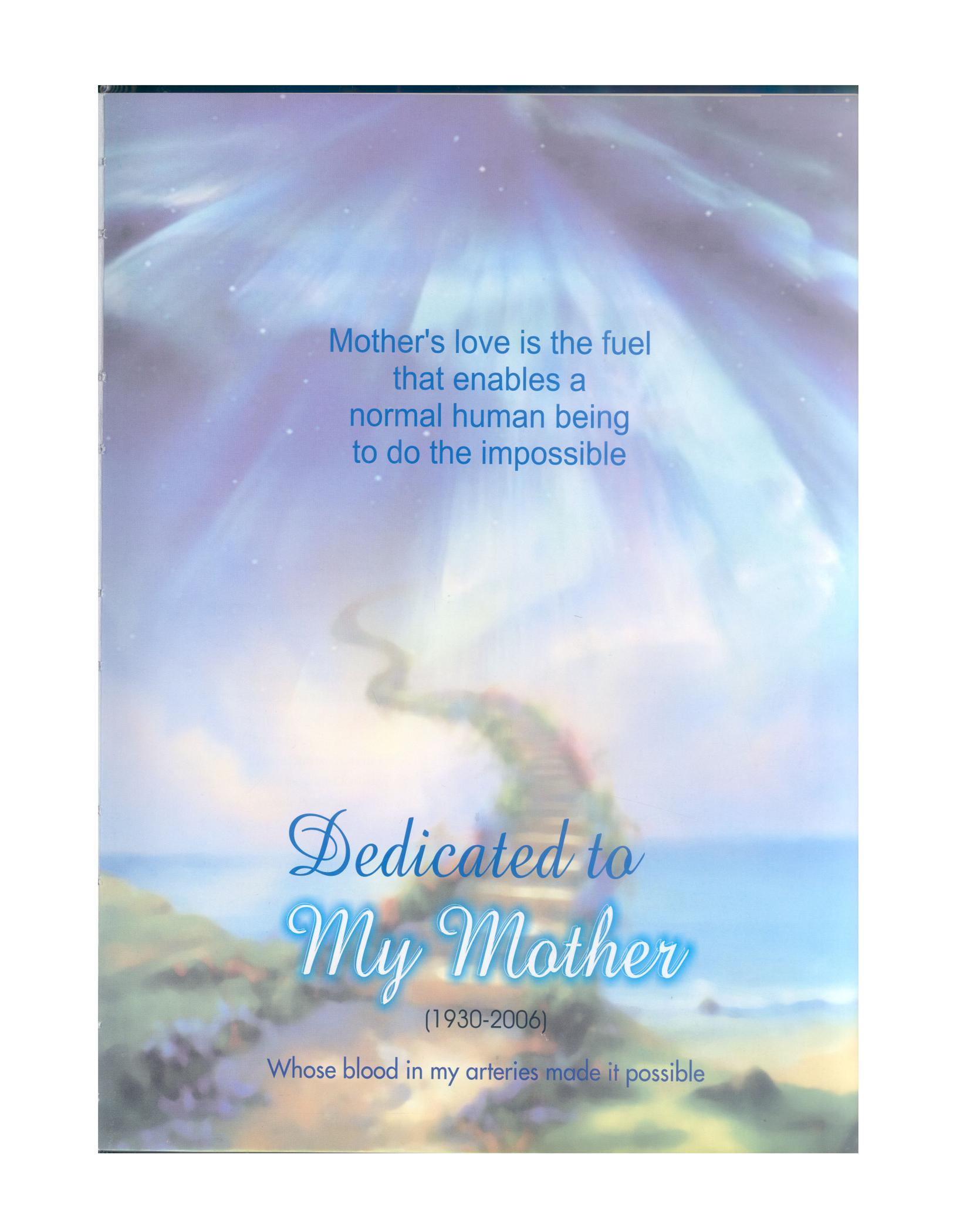
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The background of the entire page is a soft-focus photograph. It depicts a vibrant rainbow arching across a sky filled with wispy clouds. Below the rainbow, a dirt path winds through a green, hilly landscape towards a blue ocean under a clear sky. The overall color palette is dominated by blues, greens, and the multi-colored spectrum of the rainbow.

Mother's love is the fuel
that enables a
normal human being
to do the impossible

*Dedicated to
My Mother*

(1930-2006)

Whose blood in my arteries made it possible

Foreword

We are in the midst of rapidly advancing technical developments in all areas of our profession. It would simply be improper to recommend anything that has not been tested satisfactorily or used in over the years. However, the vast experience of Dr Sikri coupled with his aptitude for writing, must have conceived a nice way of presenting his vision in the form of a book.

The book *Indirect Restorations in Dental Practice* comprehensively deals with clinical and theoretical needs of all types of indirect restorations. The book shows only the inherent ideas and the vision of the author. Author's emphasis on the originality and the language of the subject matter is clearly evident in the book.

I believe that the contents of the book represent a significant contribution to the original thoughts and deserve our attention where we may not comprehend all the details. Modern ideas on occlusion are excellently presented and the subject matter in other chapters is also critically analyzed. It is hoped that the dental students will find an accurate presentation of the subject and get benefited from the same.

I have great faith that in this and subsequent editions, all students, teachers and practitioners will be kept current in the field of restorative dentistry. It is advisable to consider Dr Sikri's book for application in our daily teaching and practice.

With my continued professional respect and gratitude, I wish Dr Sikri to excel in every field, especially in academics.

Ravinder Singh

Vice-Chancellor

Baba Farid University of Health Sciences

Faridkot 151203

Preface to the Second Edition

During initial days in Academia, my professional mentor (Guru) once advised—dear, if you cannot explain the subject in simple words, that means, you have not understood the subject. Keeping his advice alive, I always put my sincere efforts to design the text in a simple and lucid language.

The second edition of this book, *Indirect Restorations in Dental Practice*, is the outcome of tremendous acceptability of the first edition. I am encouraged to revise this book based on valuable suggestions from students, teachers and practitioners. After critical examination of these suggestions and recent development in this field, new chapters and latest case history with simple design have been incorporated. Chapter on *Shade Matching* is worth mentioning, as it is pre-requisite in indirect restorations. *Principles of Tooth Preparation* is also nicely explained. The diagrams and clinical pictures have been updated along with recent advancements in the materials and techniques.

I am thankful to my colleagues, Dr Renu Sroa and Dr Baljit Sidhu for their support. I am also thankful to my students, Dr Shaveta, Dr Meghna, Dr Tejinder, Dr Komal, Dr Jasbir and Dr Neha for reading the manuscript. I am grateful to dear Dr Sumeet Rajpal for his recent photographs on compeoneers.

Blessings of my parents sitting near to GOD have always inspired and encouraged me for this endeavor. My elder brothers, Mr KK Sikri and Mr RK Sikri have been motivating me since childhood.

Completing this book would not have been possible without contributions from multitude of academicians and eminent teachers including my students and friends. My wife, Dr Poonam Sikri, my sons, Dr Ankit, Dr Arpit and my daughter-in-law, Dr Annupriya, cooperated wholeheartedly during completion of the book.

The book will be very useful to general practitioners and students; based on clinical aspects of indirect restorations, the practitioners and students can perform better in their clinics after reading the book.

Last but not the least, I am thankful to all those who helped me directly or indirectly in compiling the manuscript of the book.

I look forward to your suggestions, comments and criticism for future improvement of the book.

Vimal K Sikri

Preface to the First Edition

The day I conceived the idea of writing a book on 'Indirect Restorations', I had two objectives in my mind. One was to write a book 'that not only reflects the way I teach, but more importantly, conveys the fascination I used to get out of the subject matter. The second was to write a book that students, and practitioners would find useful, rather, 'not to miss' type. I don't know whether I have fully accomplished the objects, but I assure the readers of my sincere efforts in that direction.

One quotation says, 'To write a book, you are to read half the library'. Not debating the version, I would like to add that the heart and soul of the author is reflected in each chapter, every line and each word of the book. The experiences of the author and of the contributors add colour to the text. We do have plenty of books on the same subject. All are not the same. The difference lies in the vision of the author, the style of presentation and above all the language.

The book 'Indirect Restorations' is the outcome of the expanding text and syllabi of Operative Dentistry. Age old definition '... which don't involve the full crowns' do not sound proper. Evolution of Esthetic and Cosmetic dentistry, an offshoot of Operative Dentistry, coupled with patients' demand for better restorations, has necessitated the writing of this book.

Operative Dentistry and Prosthetic Dentistry are twins. Certain topics, subjects and chapters are not clearly defined. It is difficult to identify as to which speciality they belong to. The combined experiences of teachers of both the subjects were required; so the book in your hand has a lot of contributions from the subject experts. The originality and the lucid language of the text of the book are worth mentioning. Hopefully, this book satisfies all the requirements.

Before I thank Almighty GOD for igniting my 'thoughts', I would like to place on record, sense of gratitude to my revered teacher, Dr SS Dua for inculcating in me the urge for writing. Blessings of my parents sitting near to GOD have always inspired and encouraged me for this endeavor. My elder brothers, Mr KK Sikri and Mr RK Sikri have been motivating me since childhood.

I am sincerely grateful to all the contributors for their valuable contributions in the form of text and the photographs. I am thankful to Dr Nadig, Professor and Head, Dept of Conservative Dentistry, Oxford Dental College and Hospital, Bangalore along with his students for arranging couple of good photographs.

My thanks are due to my colleagues, Dr Renu, Dr Kusum, Dr Jaganjot, Dr Sangeeta and Dr Baljit along with my dear students, Dr Subha, Dr Ramneek, Dr Ravinder, Dr Gulwinder, Dr Namrata, Dr Payal and Dr lbadat.

Mr GB Singh and Mr Ashwani Mahajan deserve special thanks for their 'ready to help' attitude.

Certain goals are never achieved without the 'push' of your family members. My dear wife, Dr Poonam and my very dear sons Ankit and Arpit, cooperated whole-heartedly during completion of the book.

Last but not the least, I am thankful to all those who have helped me even 'indirectly' for the book 'Indirect Restorations'.

Vimal K Sikri

Contributors

Arpit Sikri

Senior Lecturer
Department of Prosthodontics
Sudha Rustagi Dental College and Hospital
Faridabad (Haryana)
Ph. 9463600555

CL Satish Babu

Former Professor and Head
Department of Prosthodontics
VS Dental College
Bengaluru (Karnataka)
Ph. 9448458424

Geetika Chawla

Research Associate
Guru Ram Das Institute of Dental Sciences
Amritsar (Punjab)
Ph. 7508165900

KH Kidiyoor

Professor and Head
Department of Conservative Dentistry and
Endodontics
PMNM Dental College and Hospital
Bagalkot (Karnataka)
Ph. 9880271017

Nandini Suresh

Professor, Department of Conservative
Dentistry and Endodontics
Meenakshi Ammal Dental College
Chennai (Tamil Nadu)
Ph. 9884292850

Sashirekha G

Professor, Department of Conservative
Dentistry and Endodontics
Shiksha 'O' Anusandhan University
Bhubaneswar (Odisha)
Ph. 9338457955

Sukhjit Kaur

Government Dental College and Hospital
Amritsar (Punjab)
Ph. 7508601789

TV Padmanabhan

Former Professor
Department of Prosthodontics
Saveetha University
Chennai (Tamil Nadu)
Ph. 9381052122

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