

Contents

Preface to the Eighth Edition
Preface to the First Edition (excerpts)

vii
viii

Section 1 LOWER LIMB

1. Introduction 3

Development of Lower Limb 3
Molecular Regulation of Limb Development 4
Parts of the Lower Limb 4
Related Terms 4
[Frequently Asked Questions](#) 6
[Viva Voce](#) 6

2. Bones 7

Introduction 7
Hip Bone 7
Ilium 7
Pubis 9
Ischium 12
Acetabulum 14
Obturator Foramen 14
Ossification 14
[Clinical Anatomy](#) 15
Femur 15
Ossification 20
[Clinical Anatomy](#) 21
Patella 22
Ossification 23
[Clinical Anatomy](#) 23
Tibia 23
Ossification 28
[Clinical Anatomy](#) 28
Fibula 28
Ossification 32
[Clinical Anatomy](#) 32
Bones of the Foot 32
Tarsus/Tarsals 32
Talus 32
Ossification 34
[Clinical Anatomy](#) 34
Calcaneus or Calcaneum 34
Ossification 36

[Clinical Anatomy](#) 36
Navicular Bone 36
Ossification 37
Cuneiform Bones 37
Medial Cuneiform 38
Intermediate Cuneiform 38
Lateral Cuneiform 39
Ossification 39
Cuboid 39
Ossification 39
Metatarsus 39
Ossification 40
Phalanges 40
Ossification 41
[Clinical Anatomy](#) 41
Sesamoid Bones 41
Mnemonics 41
[Facts to Remember](#) 42
[Clinicoanatomical Problem](#) 42
Further Reading 42
[Frequently Asked Questions](#) 43
[Multiple Choice Questions](#) 43
[Viva Voce](#) 43

3. Front of Thigh 45

Introduction 45
Surface Landmarks 45
Skin and Superficial Fascia 46
Superficial Fascia 46
Cutaneous Nerves 46
Cutaneous Arteries 47
Great or Long Saphenous Vein 47
Superficial Inguinal Lymph Nodes 48
Subcutaneous Bursae 48
[Dissection](#) 48
[Clinical Anatomy](#) 49
Deep Fascia 49
Deep Fascia/Fascia Lata 49

[Dissection](#) 50
[Clinical Anatomy](#) 50
 Femoral Triangle 51
 Boundaries 51
 Contents 51
 Femoral Sheath 53
 Femoral Canal 53
[Clinical Anatomy](#) 54
 Femoral Artery 55
[Clinical Anatomy](#) 57
 Femoral Vein 58
 Femoral Nerve 58
 Branches and Distribution 58
[Clinical Anatomy](#) 59
 Muscles of the Front of the Thigh 59
 Iliacus and Psoas Major 60
[Clinical Anatomy](#) 60
 Adductor/Hunter's/Subsartorial Canal 62
[Dissection](#) 64
[Facts to Remember](#) 64
[Clinicoanatomical Problem](#) 64
 Further Reading 64
[Frequently Asked Questions](#) 64
[Multiple Choice Questions](#) 64
[Viva Voce](#) 65

4. Medial Side of Thigh

66

Introduction 66
 Adductor Compartment 66
 Boundaries 66
[Dissection](#) 66
 Muscles of Adductor Compartment of Thigh 67
 Relations of Adductor Longus 67
 Obturator Nerve 68
[Clinical Anatomy](#) 69
 Accessory Obturator Nerve 70
 Obturator Artery 70
 Medial Circumflex Femoral Artery 70
[Clinical Anatomy](#) 71
[Facts to Remember](#) 72
[Clinicoanatomical Problem](#) 72
 Further Reading 72
[Frequently Asked Questions](#) 72
[Multiple Choice Questions](#) 72
[Viva Voce](#) 73

5. Gluteal Region

74

Introduction 74
 Surface Landmarks 74
 Superficial and Deep Fascia 75
 Superficial Fascia 75
 Cutaneous Nerves 75
 Cutaneous Vessels and Lymphatics 75
 Deep Fascia 75
[Dissection](#) 75
 Muscles of Gluteal Region 75
 Structures under Cover of Gluteus Maximus 76

Structures Deep to the Gluteus Medius 79
 Structures Deep to the Gluteus Minimus 80
[Dissection](#) 80
[Clinical Anatomy](#) 81
 Sacrotuberous and Sacrospinous Ligaments 82
 Nerves of the Gluteal Region 82
 Superior Gluteal Nerve 82
 Inferior Gluteal Nerve 82
 Sciatic Nerve 83
[Clinical Anatomy](#) 83
 Posterior Cutaneous Nerve of the Thigh 83
 Nerve to Quadratus Femoris 83
 Pudendal Nerve 83
 Nerve to the Obturator Internus 84
 Perforating Cutaneous Nerve 84
 Arteries of Gluteal Region 84
 Superior Gluteal Artery 84
 Inferior Gluteal Artery 84
 Internal Pudendal Artery 84
 Trochanteric Anastomoses 84
 Cruciate Anastomoses 84
 Structures Passing through the Greater
 Sciatic Foramen (Gateway of Gluteal
 Region) 85
 Structures Passing through the Lesser
 Sciatic Foramen 85
[Facts to Remember](#) 85
[Clinicoanatomical Problem](#) 85
 Further Reading 85
[Frequently Asked Questions](#) 86
[Multiple Choice Questions](#) 86
[Viva Voce](#) 86

6. Popliteal Fossa

87

Introduction 87
 Surface Landmarks 87
[Dissection](#) 87
 Location 87
 Boundaries 87
 Contents 89
 Popliteal Artery 89
[Clinical Anatomy](#) 91
 Popliteal Vein 91
 Tibial Nerve in Popliteal Fossa 91
[Clinical Anatomy](#) 92
 Common Peroneal Nerve 92
 Posterior Cutaneous Nerve of Thigh 92
 Genicular Branch of Obturator Nerve 92
 Popliteal Lymph Nodes 92
[Clinical Anatomy](#) 93
 Anastomoses Around the Knee Joint 93
 Mnemonics 94
[Facts to Remember](#) 94
[Clinicoanatomical Problem](#) 94
 Further Reading 94
[Frequently Asked Questions](#) 95
[Multiple Choice Questions](#) 95
[Viva Voce](#) 95

7. Back of Thigh

96

Introduction 96
 Muscles and Nerves 96
 Muscles of the Back of Thigh 96
 Dissection 96
 Clinical Anatomy 96
 Sciatic Nerve 99
 Clinical Anatomy 100
 Arteries of the Back of Thigh 102
 Anastomoses on the Back of Thigh 102
 Facts to Remember 102
 Clinicoanatomical Problem 103
 Further Reading 103
 Frequently Asked Questions 104
 Multiple Choice Questions 104
 Viva Voce 104

8. Front of Leg with Dorsum of Foot; Lateral and Medial Sides of Leg

105

Introduction 105
 Surface Landmarks 105
 Superficial Fascia 107
 Superficial Veins 107
 Cutaneous Nerves 107
 Dissection 108
 Clinical Anatomy 108
 Deep Fascia 108
 Superior Extensor Retinaculum 109
 Inferior Extensor Retinaculum 109
 Dissection 110
 Clinical Anatomy 110
 Muscles of Front of Leg 110
 Muscles of Anterior Compartment of the Leg 112
 Anterior Tibial Artery 113
 Deep Peroneal Nerve 114
 Dissection 115
 Clinical Anatomy 115
 Dorsum of Foot 115
 Dorsalis Pedis Artery (Dorsal Artery of the Foot) 115
 Dissection 116
 Clinical Anatomy 116
 Fascia and Muscles of Lateral Side of the Leg 116
 Peroneal Retinacula 116
 Dissection 117
 Clinical Anatomy 117
 Peroneal Muscles 117
 Clinical Anatomy 117
 Superficial Peroneal Nerve 117
 Dissection 119
 Clinical Anatomy 119
 Medial Side of the Leg 119
 Dissection 120
 Clinical Anatomy 120
 Mnemonics 120
 Facts to Remember 120
 Clinicoanatomical Problem 120
 Further Reading 120

Frequently Asked Questions 121
 Multiple Choice Questions 121
 Viva Voce 121

9. Back of Leg

123

Introduction 123
 Superficial Fascia 123
 Small or Short Saphenous Vein 123
 Great or Long Saphenous Vein 123
 Cutaneous Nerves 123
 Dissection 124
 Clinical Anatomy 124
 Deep Fascia 124
 Boundaries and Subdivisions 124
 Flexor Retinaculum 125
 Dissection 125
 Clinical Anatomy 126
 Muscles 126
 Superficial Muscles 126
 Deep Muscles 128
 Dissection 129
 Clinical Anatomy 130
 Posterior Tibial Artery 130
 Peroneal Artery 131
 Tibial Nerve 132
 Clinical Anatomy 132
 Mnemonics 133
 Facts to Remember 133
 Clinicoanatomical Problem 133
 Further Reading 133
 Frequently Asked Questions 134
 Multiple Choice Questions 134
 Viva Voce 134

10. Sole of Foot

135

Introduction 135
 Skin 135
 Dissection 136
 Fasciae 136
 Superficial Fascia 136
 Dissection 136
 Deep Fascia 136
 Plantar Aponeurosis 136
 Deep Transverse Metatarsal Ligaments 137
 Fibrous Flexor Sheaths 137
 Clinical Anatomy 137
 Muscles of Sole 137
 Muscles and Tendons of the First and Second Layers 139
 Dissection 139
 Muscles and Tendons of Third and Fourth Layers 141
 Dissection 141
 Plantar Vessels and Nerves 143
 Medial Plantar Nerve 144
 Lateral Plantar Nerve 144
 Dissection 144
 Clinical Anatomy 144

Medial Plantar Artery 144
 Lateral Plantar Artery 144
 Plantar Arch 145
Clinical Anatomy 145
Facts to Remember 146
Clinicoanatomical Problem 146
 Further Reading 146
Frequently Asked Questions 147
Multiple Choice Questions 147
Viva Voce 147

11. Venous and Lymphatic Drainage; Segmental and Sympathetic Innervation; and Comparison of Lower and Upper Limbs 148

Introduction 148
 Venous Drainage 148
 Factors Helping Venous Return 148
 Veins of Lower Limb 148
 Long Saphenous Vein 149
 Small or Short Saphenous Vein 150
 Perforating Veins 150
Clinical Anatomy 151
 Lymphatic Drainage 152
 Classification 152
Superficial Inguinal Lymph Nodes 152
Deep Inguinal Lymph Nodes 153
 Superficial Lymphatics 153
 Deep Lymphatics 153
Clinical Anatomy 154
 Segmental Innervation 154
 Dermatomes 154
 Myotomes 155
Clinical Anatomy 155
 Sympathetic Innervation 156
 Comparison of Lower and Upper Limbs 157
Mnemonics 159
Facts to Remember 159
Clinicoanatomical Problem 159
 Further Reading 160
Frequently Asked Questions 160
Multiple Choice Questions 160
Viva Voce 161

12. Joints of Lower Limb 162

Introduction 162
 Hip Joint 162
 Type 162
 Ligaments 162
 Relations of the Hip Joint 164
 Blood Supply 165
 Nerve Supply 165
 Movements 165
Dissection 165
Clinical Anatomy 166
 Knee Joint 167
 Type 167

Ligaments 167
Dissection 172
 Synovial Membrane 172
 Bursae around the Knee 172
 Relations of Knee Joint 172
 Blood Supply 172
 Nerve Supply 172
Dissection 172
 Movements at the Knee Joint 173
 Locking and Unlocking of the Knee Joint 173
Dissection 174
Clinical Anatomy 174
 Ankle Joint 175
 Ligaments 177
 Relations of the Ankle Joint 177
 Movements 177
 Blood Supply 178
 Nerve Supply 178
Dissection 178
Clinical Anatomy 178
 Tibiofibular Joints 179
 Superior Tibiofibular Joint 179
 Middle Tibiofibular Joint 179
 Inferior Tibiofibular Joint 179
Dissection 179
Clinical Anatomy 180
 Joints of the Foot 180
 Talocalcanean Joint 180
 Movements 180
 Talocalcaneonavicular Joint 180
 Movements 181
 Calcaneocuboid Joint 181
 Transverse Tarsal or Midtarsal Joint 182
 Inversion and Eversion of the Foot 182
 Joints Taking Part 182
 Muscles Producing Movements 182
Dissection 183
 Smaller Joints of Forefoot 183
 Joint Cavities of Foot 183
 Metatarsophalangeal and Interphalangeal Joints 183
Dissection 183
 Gait/Walking 184
Clinical Anatomy 184
 Mnemonics of Locking and Unlocking 185
Facts to Remember 186
Clinicoanatomical Problems 186
 Further Reading 186
Frequently Asked Questions 187
Multiple Choice Questions 187
Viva Voce 188

13. Arches of Foot 189

Introduction 189
 Formation or Structure of Arches 189
 Medial Longitudinal Arch 189
 Lateral Longitudinal Arch 190
 Anterior Transverse Arch 190
 Posterior Transverse Arch 190

Factors Responsible for Maintenance of
Arches 190
Functions of Arches 191
Summary 191
Comparison of Medial and Lateral Longitudinal
Arches 192
Clinical Anatomy 193
Facts to Remember 194
Clinicoanatomical Problem 194
Frequently Asked Questions 195
Multiple Choice Questions 195
Viva Voce 195

14. Surface and Radiological Anatomy

196

Palpable Parts of the Bones 196
Surface Marking 197
Arteries 197
Femoral Artery 197
Profunda Femoris Artery 197
Popliteal Artery 197
Superior Gluteal Artery 197
Inferior Gluteal Artery 197
Anterior Tibial Artery 198
Posterior Tibial Artery 198
Dorsalis Pedis Artery 198
Medial Plantar Artery 198
Lateral Plantar Artery 198
Plantar Arch 199
Veins 199
Femoral Vein 199
Great Saphenous Vein 199
Small Saphenous Vein 199
Nerves 199
Femoral Nerve 199
Sciatic Nerve 199
Tibial Nerve 200
Common Peroneal Nerve 200

Deep Peroneal Nerve 200
Superficial Peroneal Nerve 200
Medial Plantar Nerve 200
Lateral Plantar Nerve 200
Miscellaneous Structures 201
Saphenous Opening 201
Femoral Ring 201
Superior Extensor Retinaculum 201
Inferior Extensor Retinaculum 201
Flexor Retinaculum 201
Radiological Anatomy 201
Hip 202
Knee 202
Foot 203
Further Reading 203

Appendix 1: Nerves, Arteries and Clinical Terms

204

Nerves of Lower Limb 204
Femoral Nerve 204
Obturator Nerve 204
Accessory Obturator Nerve 205
Superior Gluteal Nerve 205
Inferior Gluteal Nerve 205
Nerve to Quadratus Femoris 205
Nerve to Obturator Internus 206
Sciatic Nerve 206
Tibial Nerve 207
Common Peroneal Nerve 207
Deep Peroneal Nerve 207
Superficial Peroneal Nerve 208
Plantar Nerves 209
Arteries of Lower Limb 211
Clinical Anatomy 212
Clinical Terms 213
Multiple Choice Questions 214
Spots on Lower Limb 215
Answers: Spots on Lower Limb 216

Section 2 ABDOMEN and PELVIS

15. Introduction and Osteology

219

Introduction to Abdomen 219
Osteology 219
Lumbar Vertebrae 219
Ossification 222
Clinical Anatomy 222
The Sacrum/Vertebra Magnum 224
Sacral Canal 226
Attachments on the Sacrum 226
Relations of the Sacrum 226
Sex Differences 226
Ossification 227
Coccyx 227

Ossification 227
Bony Pelvis 227
Sex Differences in the Pelvis 229
Anatomical Position of the Pelvis 229
Intervertebral Joints 230
Intervertebral Disc 230
Mnemonics 231
Facts to Remember 231
Clinicoanatomical Problem 231
Further Reading 231
Frequently Asked Questions 232
Multiple Choice Questions 232
Viva Voce 232

16. Anterior Abdominal Wall 233

- Surface Landmarks 233
- Skin and Superficial Fascia 234
- Dissection 234
- Umbilicus 235
- Clinical Anatomy 236
- Superficial Fascia 237
- Clinical Anatomy 237
- Cutaneous Nerves 237
- Cutaneous Arteries 238
- Cutaneous Veins 238
- Clinical Anatomy 239
- Muscles of the Anterolateral Abdominal Wall 239
- External Oblique Muscle 239
- Internal Oblique Muscle 240
- Dissection 240
- Transversus Abdominis Muscle 241
- Dissection 241
- Rectus Abdominis Muscle 241
- Actions of the Main Muscles of the Anterior Abdominal Wall 242
- Inguinal Ligament 242
- Conjoint Tendon or Falx Inguinalis 243
- Cremaster Muscle 243
- Pyramidalis 243
- Dissection 243
- Clinical Anatomy 244
- Deep Nerves 244
- Deep Arteries 244
- Rectus Sheath 246
- New Concepts of Rectus Sheath 247
- Fascia Transversalis 248
- Dissection 248
- Inguinal Canal 249
- Definition 249
- Boundaries 249
- Structures Passing through the Inguinal Canal 250
- Constituents of the Spermatic Cord 250
- Mechanism of Inguinal Canal 251
- Development of Inguinal Canal 251
- Dissection 251
- Clinical Anatomy 252
- Mnemonics 254
- Facts to Remember 255
- Clinicoanatomical Problem 255
- Further Reading 255
- Frequently Asked Questions 255
- Multiple Choice Questions 256
- Viva Voce 256

17. Male External Genital Organs 257

- Introduction 257
- Dissection 257
- External Genital Organs 257
- Penis 257
- Root of Penis 257
- Body of Penis and its Histology 258
- Clinical Anatomy 260

- Scrotum 260
- Clinical Anatomy 261
- Testis 261
- External Features 262
- Arterial Supply 264
- Histology of Seminiferous Tubule 264
- Clinical Anatomy 264
- Epididymis 266
- Clinical Anatomy 266
- Histology 266
- Development of Male Reproductive System 266
- Descent of the Testis 266
- Ducts 267
- External Genitalia 267
- Molecular Regulation 268
- Facts to Remember 268
- Clinicoanatomical Problem 268
- Further Reading 268
- Frequently Asked Questions 269
- Multiple Choice Questions 269
- Viva Voce 269

18. Abdominal Cavity and Peritoneum 270

- Introduction 270
- Nine Regions of Abdomen 270
- Peritoneum 271
- Functions of Peritoneum 272
- Clinical Anatomy 273
- Peritoneal Folds 273
- Greater Omentum 274
- Dissection 275
- Lesser Omentum 276
- Mesentery 276
- Mesoappendix 277
- Dissection 277
- Transverse Mesocolon 278
- Dissection 278
- Sigmoid Mesocolon 278
- Dissection 279
- Reflection of Peritoneum 279
- Peritoneal Cavity 279
- Vertical Tracing/Sagittal Tracing 279
- Horizontal Tracing above Transverse Colon 280
- Horizontal Tracing below the Level of the Transverse Colon 281
- Horizontal Tracing of Peritoneum in the Lesser Pelvis/True Pelvis (Male) 282
- Horizontal Tracing of Peritoneum in the Lesser Pelvis/True Pelvis (Female) 282
- Epiploic Foramen/Omental Foramen/Foramen of Winslow 282
- Lesser Sac or Omental Bursa 282
- Clinical Anatomy 283
- Special Regions of the Peritoneal Cavity 284
- Supracolic Compartment/Subphrenic Spaces 285
- Hepatorenal Pouch (Morrison's Pouch) 285
- Infracolic Compartments 285
- Paracolic Gutters 285

Rectouterine Pouch (Pouch of Douglas) 285
Clinical Anatomy 286
 Peritoneal Fossae (Recesses) 287
Clinical Anatomy 288
 Development of Gut and its Folds 288
Facts to Remember 288
Clinicoanatomical Problem 288
 Further Reading 289
Frequently Asked Questions 289
Multiple Choice Questions 289
Viva Voce 290

19. Abdominal Part of Oesophagus and Stomach 291

Introduction 291
Dissection 291
 Abdominal Part of Oesophagus 291
 Histology 292
Clinical Anatomy 292
 Stomach 294
 Location 294
 External Features 294
 Relations of Stomach 295
 Blood Supply 295
 Lymphatic Drainage 295
 Nerve Supply 297
 Interior of Stomach 297
 Functions of Stomach 298
Dissection 298
Clinical Anatomy 298
 Histology of Stomach 299
 Development 300
 Molecular Regulation of Gut Tube Development 300
Mnemonics 300
Facts to Remember 300
Clinicoanatomical Problem 301
 Further Reading 301
Frequently Asked Questions 301
Multiple Choice Questions 301
Viva Voce 302

20. Small and Large Intestines 303

Introduction 303
 Small Intestine 303
 Relevant Features 303
 Large Surface Area 303
 Duodenum 305
Dissection 305
 Peritoneal Relations 306
 Suspensory Muscle of Duodenum or Ligament of Treitz 308
 Histology 309
Clinical Anatomy 309
 Jejunum and Ileum 310
 Histology 311
 Meckel's Diverticulum (Diverticulum Ile) 311

Dissection 311
Clinical Anatomy 311
 Large Intestine 312
Dissection 314
Clinical Anatomy 314
 Caecum 314
Dissection 316
Clinical Anatomy 316
 Vermiform Appendix 316
 Histology 318
Clinical Anatomy 318
 Ascending Colon 319
 Right Colic Flexure (Hepatic Flexure) 319
 Transverse Colon 319
 Left Colic Flexure (Splenic Flexure) 319
 Descending Colon 319
 Sigmoid Colon (Pelvic Colon) 320
 Histology of Colon 320
 Development of Intestines 320
Mnemonics 321
Facts to Remember 321
Clinicoanatomical Problem 321
 Further Reading 321
Frequently Asked Questions 322
Multiple Choice Questions 322
Viva Voce 322

21. Large Blood Vessels of the Gut 323

Introduction 323
 Blood Vessels 323
 Coeliac Trunk 323
 Origin and Length 323
 Branches 324
 Superior Mesenteric Artery 325
 Origin, Course and Termination 326
 Branches 326
 Superior Mesenteric Vein 328
Dissection 328
Clinical Anatomy 328
 Inferior Mesenteric Artery 328
 Branches 329
 Inferior Mesenteric Vein 329
Clinical Anatomy 329
 Marginal Artery of Drummond 329
 Portal Vein 330
 Branches 331
 Tributaries 331
 Portosystemic Communications (Portocaval Anastomoses) 331
Clinical Anatomy 331
 Development 334
Facts to Remember 334
Clinicoanatomical Problem 334
 Further Reading 334
Frequently Asked Questions 335
Multiple Choice Questions 335
Viva Voce 335

22. Extrahepatic Biliary Apparatus 336

Introduction 336
 Right and Left Hepatic Ducts 336
 Common Hepatic Duct 336
 Gallbladder 336
 Cystic Duct 338
 Bile Duct 338
 Sphincters Related to the Bile and
 Pancreatic Ducts 339
 Vascular and Nerve Supply 339
 Dissection 340
 Clinical Anatomy 340
 Histology of Gallbladder 341
 Development 342
 Facts to Remember 342
 Clinicoanatomical Problems 342
 Further Reading 342
 Frequently Asked Questions 343
 Multiple Choice Questions 343
 Viva Voce 343

23. Spleen, Pancreas and Liver 344

Introduction 344
 Spleen 344
 Dissection 344
 External Features 345
 Relations 345
 Arterial Supply 346
 Venous Drainage 347
 Lymphatic Drainage 347
 Clinical Anatomy 347
 Histology 349
 Development 349
 Pancreas 349
 Head of the Pancreas 349
 Body of the Pancreas 351
 Tail of the Pancreas 352
 Ducts of the Pancreas 352
 Arterial Supply 353
 Venous Drainage 353
 Lymphatic Drainage 353
 Nerve Supply 353
 Functions 353
 Dissection 353
 Clinical Anatomy 354
 Histology 354
 Development 354
 Molecular Regulation of Development of
 Pancreas 355
 Liver 355
 External Features 355
 Five Surfaces 356
 One Prominent Border 356
 Visceral Relations 357
 Arterial Supply 358
 Venous Drainage 358
 Lymphatic Drainage 359
 Nerve Supply 359

Hepatic Segments 359
 Dissection 360
 Clinical Anatomy 360
 Histology 361
 Development 362
 Molecular Regulation of Liver Formation 362
 Mnemonics 362
 Facts to Remember 362
 Clinicoanatomical Problem 363
 Further Reading 363
 Frequently Asked Questions 363
 Multiple Choice Questions 363
 Viva Voce 364

24. Kidney and Ureter 365

Kidney 365
 External Features 365
 Hilum 366
 Relations of the Kidneys 366
 Capsules or Coverings of Kidney 366
 Structure 368
 Blood Supply of Kidney 370
 Lymphatic Drainage 370
 Nerve Supply 370
 Exposure of the Kidney from Behind 370
 Histology 371
 Dissection 371
 Clinical Anatomy 372
 Ureter 374
 Dimensions 375
 Normal Constrictions 375
 Relations 375
 Abdominal Part of Ureter 375
 Pelvic Part of Ureter 376
 Intravesical Part 377
 Blood Supply 377
 Nerve Supply 378
 Histology 378
 Clinical Anatomy 378
 Development of Kidney and Ureter 378
 Anomalies of the Kidney and Ureter 380
 Molecular Regulation of Kidney
 Development 380
 Mnemonics 380
 Facts to Remember 380
 Clinicoanatomical Problem 380
 Further Reading 380
 Frequently Asked Questions 381
 Multiple Choice Questions 381
 Viva Voce 381

25. Suprarenal Gland and Chromaffin System 382

Suprarenal Gland 382
 Right Suprarenal Gland 382
 Left Suprarenal Gland 383
 Structure and Function 383
 Arterial Supply 384

Venous Drainage 384
 Lymphatic Drainage 384
 Nerve Supply 384
Clinical Anatomy 384
 Histology 385
 Development 385
 Molecular Regulation 385
Dissection 385
 Chromaffin System 385
Facts to Remember 386
Clinicoanatomical Problem 386
 Further Reading 386
Frequently Asked Questions 387
Multiple Choice Questions 387
Viva Voce 387

26. Diaphragm 388

Introduction 388
 Gross Anatomy 388
 Openings in the Diaphragm 390
 Relations 390
 Nerve Supply 390
 Actions 391
Dissection 391
Clinical Anatomy 391
 Development 392
 Mnemonics 392
Facts to Remember 393
Clinicoanatomical Problem 393
 Further Reading 393
Frequently Asked Questions 393
Multiple Choice Questions 393
Viva Voce 394

27. Posterior Abdominal Wall 395

Introduction 395
 Blood Vessels, Muscles and Nerves 395
 Abdominal Aorta 395
 Relations 395
 Branches 395
 Common Iliac Arteries 397
 Inferior Vena Cava 397
 Tributaries 397
Clinical Anatomy 398
 Abdominal Parts of Azygos and Hemiazygos Veins 398
 Lymph Nodes of Posterior Abdominal Wall 399
 Cisterna Chyli 399
 Muscles of the Posterior Abdominal Wall 399
Dissection 399
Clinical Anatomy 401
 Thoracolumbar Fascia (Lumbar Fascia) 401
 Nerves of the Posterior Abdominal Wall 402
 Abdominal Part of the Autonomic Nervous System 403
 Lumbar Sympathetic Chain 403
 Coeliac Ganglia and Coeliac Plexus 403
 Superior Hypogastric Plexus (Presacral Nerve) 404

Inferior Hypogastric Plexuses 405
Clinical Anatomy 405
 Layers of the Abdomen 406
 Mnemonics 407
Facts to Remember 407
Clinicoanatomical Problem 407
 Further Reading 407
Frequently Asked Questions 408
Multiple Choice Questions 408
Viva Voce 408

28. Perineum 409

Introduction 409
 Superficial Boundaries 409
 Deep Boundaries of the Perineum 409
 Divisions of the Perineum 410
 Anal Region 410
 Perineal Body 410
 External Anal Sphincter 410
 Ischioanal Fossa 411
 Spaces and Canals of the Fossa 412
 Contents of Ischioanal Fossa 413
Dissection 413
Clinical Anatomy 413
 Male Perineum 414
 Male External Genital Organs 414
 Male Urogenital Region 414
Dissection 414
Clinical Anatomy 414
 Superficial Perineal Space 415
 Deep Perineal Space 415
 Boundaries 415
 Deep Transversus Perinei 416
 Distal Urethral Sphincter Mechanism 416
 Perineal Membrane 417
Clinical Anatomy 419
 Female Perineum 419
 Female External Genital Organs/Pudendum/Vulva 419
 Female Urogenital Region 420
Clinical Anatomy 421
 Superficial Perineal Space 421
 Deep Perineal Space 422
 Boundaries 422
 Contents 422
 Urethral Sphincter Mechanism 422
 Actions 422
 Nerve Supply 422
 Compressor Urethrae 422
 Sphincter Urethrovaginalis 422
 Actions 422
 Pudendal Canal 423
 Perineal Membrane 422
 Pudendal Nerve 423
Clinical Anatomy 424
 Internal Pudendal Artery 424
 Internal Pudendal Vein 426
 Histology of Body of Penis/Clitoris 426
Facts to Remember 426

Clinicoanatomical Problem 426
 Further Reading 426
 Frequently Asked Questions 427
 Multiple Choice Questions 427
 Viva Voce 427

29. Preliminary Consideration of Boundaries and Contents of Pelvis 428

Introduction 428
 Lesser Pelvis 428
 Muscles 429
 Pelvic Inlet (Superior Aperture of Pelvis) 429
 Pelvic Outlet (Inferior Aperture of Pelvis) 429
 Clinical Anatomy 430
 Pelvic Floor 430
 Clinical Anatomy 430
 Pelvic Cavity 431
 Contents 431
 Structures Crossing the Pelvic Inlet/
 Brim of the Pelvis 431
 Facts to Remember 431
 Clinicoanatomical Problem 431
 Further Reading 432
 Frequently Asked Questions 433
 Multiple Choice Questions 433
 Viva Voce 433

30. Urinary Bladder and Urethra 434

Introduction 434
 Urinary Bladder 434
 External Features 434
 Relations 435
 Ligaments of the Bladder 435
 Interior of the Bladder 436
 Arterial Supply 436
 Venous Drainage 436
 Lymphatic Drainage 437
 Nerve Supply 437
 Histology of Urinary Bladder 437
 Dissection 437
 Clinical Anatomy 437
 Urethra 438
 Male Urethra 438
 Posterior Part 439
 Anterior Part 440
 Clinical Anatomy 441
 Female Urethra 441
 Walls of Urethra 441
 Micturition 442
 Clinical Anatomy 442
 Development of Urinary Bladder and Urethra 442
 Facts to Remember 443
 Clinicoanatomical Problem 443
 Further Reading 443
 Frequently Asked Questions 444
 Multiple Choice Questions 444
 Viva Voce 444

31. Female Reproductive Organs 445

Introduction 445
 Internal Genital Organs 445
 Ovaries 445
 External Features 446
 Relations 446
 Arterial Supply 447
 Venous Drainage 447
 Histology 447
 Clinical Anatomy 448
 Dissection 448
 Uterine Tubes 448
 Course and Relations 448
 Blood Supply 449
 Lymphatic Drainage 449
 Nerve Supply 449
 Histology 449
 Clinical Anatomy 449
 Uterus 450
 Size and Shape 451
 Normal Position and Angulation 451
 Parts of Uterus 452
 Cervix of Uterus 452
 Ligaments of Uterus 453
 Arterial Supply 453
 Venous Drainage 454
 Lymphatic Drainage 454
 Nerve Supply 454
 Age and Reproductive Changes 454
 Supports of the Uterus 454
 Role of Individual Supports 455
 Histology 456
 Clinical Anatomy 457
 Vagina 457
 Extent and Situation 458
 Fornices of Vagina 458
 Relations 458
 Arterial Supply 458
 Venous Drainage 459
 Lymphatic Drainage 459
 Nerve Supply 459
 Ureter in Female Pelvis 459
 Histology 459
 Clinical Anatomy 460
 Development 460
 Molecular Regulation 462
 Mnemonics 462
 Facts to Remember 462
 Clinicoanatomical Problem 462
 Further Reading 463
 Frequently Asked Questions 463
 Multiple Choice Questions 463
 Viva Voce 464

32. Male Internal Genital Organs 465

Introduction 465
 Dissection 465
 Ductus Deferens 465

Course and Relations	465
Arterial Supply	466
Venous Drainage	466
Histology	467
Development	467
Clinical Anatomy	467
Seminal Vesicles	467
Ejaculatory Duct	467
Prostate	467
Situation	468
Gross Features	468
Zones of the Prostate	468
Capsules and Ligaments of Prostate	469
Structures within the Prostate	469
Structural Zones of the Prostate	470
Blood Supply	470
Lymphatic Drainage	470
Nerve Supply	470
Age Changes in Prostate	470
Histology	471
Development	471
Clinical Anatomy	471
Vertebral System of Veins/Batson's Plexus	472
Communications and Implications	472
Facts to Remember	472
Clinicoanatomical Problems	472
Further Reading	473
Frequently Asked Questions	474
Multiple Choice Questions	474
Viva Voce	474

33. Rectum and Anal Canal 475

Introduction	475
Rectum	475
Situation	475
Dimensions	475
Relations	476
Mucosal Folds	476
Arterial Supply	477
Venous Drainage	478
Lymphatic Drainage	478
Nerve Supply	479
Supports of Rectum	479
Dissection	479
Clinical Anatomy	480
Anal Canal	481
Length, Extent and Direction	481
Relations of the Anal Canal	481
Interior of the Anal Canal	481
Musculature of the Anal Canal	482
Anorectal Ring	482
Surgical Spaces Related to the Anal Canal	483
Arterial Supply	483
Venous Drainage	483
Lymphatic Drainage	483
Nerve Supply	484
Dissection	484
Clinical Anatomy	484
Histology	485

Development	485
Facts to Remember	485
Clinicoanatomical Problem	486
Further Reading	486
Frequently Asked Questions	487
Multiple Choice Questions	487
Viva Voce	487

34. Walls of Pelvis 488

Introduction	488
Vessels of the Pelvis	488
Internal Iliac Artery	488
Course	488
Relations	488
Branches	488
Branches of Anterior Division	488
Branches of Posterior Division	490
Internal Iliac Vein	490
Lymph Nodes of the Pelvis	491
Dissection	491
Nerves of the Pelvis	491
Lumbosacral Plexus	491
Branches from Dorsal Divisions	491
Branches from Ventral Division	492
Coccygeal Plexus	492
Clinical Anatomy	492
Pelvic Autonomic Nerves	492
Pelvic Sympathetic System	492
Pelvic Splanchnic Nerves	492
Dissection	492
Pelvic Fascia	493
Pelvic Muscles	493
Levator Ani	494
Pubococcygeus Part	494
Iliococcygeus Part	494
Ischiococcygeus Part	494
Nerve Supply	494
Actions of the Levator Ani and Coccygeus	495
Relations of the Levator Ani	495
Dissection	495
Clinical Anatomy	495
Joints of Pelvis	495
Lumbosacral Joints	495
Sacrococcygeal and Intercoccygeal Joints	496
Sacroiliac Joint	496
Ligaments	496
Factors Providing Stability	498
Blood Supply	498
Nerve Supply	498
Movements	498
Pubic Symphysis	498
Mechanism of Pelvis	498
Dissection	498
Clinical Anatomy	499
Facts to Remember	499
Clinicoanatomical Problem	499
Further Reading	499
Frequently Asked Questions	500
Multiple Choice Questions	500
Viva Voce	500

35. Surface Marking of Abdomen and Pelvis

501

Planes and Regions of the Abdomen 501
 Surface Marking 501
 Viscera 501
 Spleen 501
 Stomach 501
 Duodenum 502
 Caecum 502
 Ileocaecal Orifice or Valve 502
 Appendix 502
 Ascending Colon 502
 Transverse Colon 503
 Descending Colon 503
 Rectum and Anal Canal 503
 Liver 503
 Gallbladder 503
 Bile Duct 503
 Pancreas 503
 Kidney 503
 Ureter 504
 Vessels 504
 Abdominal Aorta 504
 Common Iliac Artery 504
 External Iliac Artery 504
 Coeliac Trunk and its Branches 504
 Superior Mesenteric Artery 504
 Inferior Mesenteric Artery 505
 Inferior Vena Cava 505
 Portal Vein 505
 Miscellaneous 505
 Inguinal Canal 505
 Root of Mesentery 505
 Further Reading 505

36. Radiological and Imaging Procedures

506

Introduction 506
 Plain Skiagram of Abdomen 506

Alimentary Canal (Barium Studies) 507
 Barium Meal Examination 507
 Barium Enema 508
 Pyelography 508
 Excretory (Intravenous or Descending)
 Pyelography 508
 Retrograde (Instrumental or Ascending)
 Pyelography 509
 Biliary Apparatus (Ultrasonography) 509
 Hysterosalpingography 510
 Further Reading 510

Appendix 2: Nerves, Arteries and Clinical Terms

511

Nerves of Abdomen 511
 Lower Intercostal Nerves 511
 Upper Lumbar Nerves 511
 Lumbar Plexus 511
 Sacral Plexus 512
 Pudendal Nerve 512
 Abdominal Part of Sympathetic Trunk 512
 Aortic Plexus 512
 Pelvic Part of Sympathetic Trunk 512
 Collateral or Prevertebral Ganglia and Plexuses 513
 Coeliac Plexus 513
 Superior Hypogastric Plexus 513
 Autonomic Nerve Supply of Various Organs 513
 Gastrointestinal Tract 513
 Genitourinary Tract 514
 Clinical Anatomy 515
 Arteries of Abdomen and Pelvis 515
 Clinical Terms 518
 Multiple Choice Questions 521
 Spots on Abdomen and Pelvis 523
 Answers: Spots on Abdomen and Pelvis 524

Index

525