

Contents

UNIT 1 HEALTH AND COMMUNITY

CHAPTER	1	Introduction to Health and Community.....	3
---------	---	---	---

UNIT 2 DETERMINANTS OF HEALTH

CHAPTER	2	Introduction to Determinants of Health.....	21
CHAPTER	3	Eugenics	24
CHAPTER	4	Environment: AIR.....	33
CHAPTER	5	Light.....	37
CHAPTER	6	Ventilation.....	42
CHAPTER	7	Water.....	46
CHAPTER	8	Housing.....	60
CHAPTER	9	Sanitation: Solid Waste Disposal.....	65
CHAPTER	10	Excreta and Sewage Disposal	73
CHAPTER	11	Disposal of Dead Bodies	83
CHAPTER	12	Forestation.....	86
CHAPTER	13	Noise	89
CHAPTER	14	Climate	93
CHAPTER	15	Communication: Infrastructure Facilities	101
CHAPTER	16	Acts Regulating Environment.....	108
CHAPTER	17	Bacterial and Viral: Agents, Host, Carriers and Immunity	113
CHAPTER	18	Arthropods	123
CHAPTER	19	Food Hygiene	132
CHAPTER	20.1	Sociocultural Aspects of Community	148
CHAPTER	20.2	Marriage	151
CHAPTER	20.3	Family Structure.....	154
CHAPTER	20.4	Status of Special Groups.....	158
CHAPTER	20.5	Hygiene.....	166
CHAPTER	20.6	Lifestyle: Physical Activity	170
CHAPTER	21	Financial Management	183

UNIT 3 EPIDEMIOLOGY

CHAPTER	22	Epidemiology	189
---------	----	--------------------	-----

UNIT 4 EPIDEMIOLOGY AND NURSING MANAGEMENT OF COMMON COMMUNICABLE DISEASES

CHAPTER	23	Respiratory Infections.....	231
CHAPTER	24	Intestinal Infections.....	255

CHAPTER	25	Arthropod Infections	273
CHAPTER	26	Zoonoses.....	282
CHAPTER	27	Bacterial Zoonoses.....	291
CHAPTER	28	Rickettsial Diseases.....	300
CHAPTER	29	Parasitic Zoonoses	305
CHAPTER	30	Surface Infections	309

UNIT 5 EPIDEMIOLOGY OF NONCOMMUNICABLE DISEASES

CHAPTER	31	Malnutrition	325
CHAPTER	32	Iron-Deficiency Anemia	336
CHAPTER	33	Hypertension.....	339
CHAPTER	34	Stroke Cerebrovascular Accident	341
CHAPTER	35	Rheumatic Heart Disease	344
CHAPTER	36	Coronary Heart Disease	347
CHAPTER	37	Cancer.....	350
CHAPTER	38	Diabetes Mellitus.....	354
CHAPTER	39	Blindness.....	357
CHAPTER	40	Accidents.....	360
CHAPTER	41	Mental Illness.....	363
CHAPTER	42	Obesity.....	367
CHAPTER	43	Iodine-Deficiency Disorder.....	370
CHAPTER	44	Fluorosis.....	372
CHAPTER	45	Epilepsy.....	374

UNIT 6 DEMOGRAPHY

CHAPTER	46	Demography.....	379
---------	----	-----------------	-----

UNIT 7 POPULATION AND ITS CONTROL

CHAPTER	47	Population and Its Control.....	397
---------	----	---------------------------------	-----

<i>Index</i>	421
--------------	-------	-----

CONTENTS OF PROCEDURE MANUAL

I.	Home Visit.....	1
II.	Steps Involved in Home Visit.....	3
III.	Community Health Nurses Bag.....	7
IV.	Maternal and Child Health.....	37
V.	Cold Chain Maintenance-Equipment	55
VI.	Care Study Guidelines	61