

# Pharmacotherapeutics

Practical Notebook Course Code ER20-24P

## for Second Year Diploma in Pharmacy

has been written and designed as per the Pharmacy Council of India's Education Regulation, 2020, for Second Year Diploma in Pharmacy course (Course Code ER20-24P). This practical notebook is designed to fulfil the course objectives and also help the pharmacy students to acquire and train in the basic skills required to support the pharmaceutical care services for selected common disease conditions with course objectives and course outcomes. In this practical notebook the SOAP is designed for the hypothetical clinical cases of 15 selected common diseases. The students are advised to prepare at least 6 real clinical cases of their interest as a part of this curriculum. It also includes patient counselling of 5 cases on disease conditions, medication, lifestyle modifications and monitoring parameters and 4 exercises on dose calculation of selected drugs in pediatrics and geriatrics.

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Pharmacotherapeutics

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As per the latest syllabus prescribed by Pharmacy Council of India



**Varun Dutt Sharma**  
**SK Pandey**



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## Certificate

Student's Name: \_\_\_\_\_

Class \_\_\_\_\_ Roll No. \_\_\_\_\_

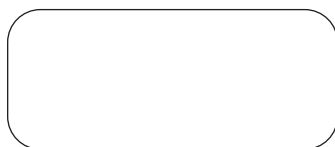
Subject \_\_\_\_\_

*This is to certify that experiments, written in the index, have been performed by the student, are satisfactory.*

Grade .....

Name and signature of lab. in-charge

College stamp



Date .....





# Preface

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The Pharmacy Council of India made regulations under Section 10 of Pharmacy Act, 1948 called “The Education Regulations, 2020, for Diploma in Pharmacy course.” It was approved by Government of India, Ministry of Health and Family Welfare, which was notified in October, 2020 and implemented in 2021 for Diploma in Pharmacy students. Introduction to new subject *Pharmacotherapeutics—Practical* in ER-20 will bring about revolutionary changes that will uplift the knowledge and skills of the students on par with the contemporary and future professional demands in the field of pharmaceutical care services which will certainly redefine the roles of the diploma holder qualified pharmacists in both community and hospital settings. This new curriculum certainly not only expertise on medications but also the students should be able to provide an expert opinion on medications to healthcare professionals on safe and effective therapeutic use of drugs or medicines.

The practical notebook contains 24 experiments as per guidelines of ER-2020. The left blank page is provided for making observations and calculations where ever applicable.

We shall gratefully acknowledge the comments, suggestions and criticism by respected teachers and students for improvement of future edition. We express sincere thanks to Mr Satish Kumar Jain Chairman and Managing Director and Mr YN Arjuna Senior Vice President—Publishing, Editorial, and Publicity, CBS Publishers & Distributors, for their cooperation, encouragement and assistance in bringing out of this practical notebook. Finally our gratitude to our colleagues for their inspiration and motivation.

**Varun Dutt Sharma**  
**SK Pandey**



# Instructions

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1. Always put on neat and clean white apron whenever you are working in the laboratory.
2. Bring always practical notebook for viva and evaluation.
3. Thoroughly clean the apparatus required in the practical work.
4. The practical notebook should be completed in every respect and should be submitted on the same day to the teacher concerned for marking and signature.
5. Never throw waste papers and burnt matchsticks in the sink, this will block the sink which may lead to over flowing. Put the waste materials in the dustbin.
6. Keep your working place neat and clean. After the work is finished, the student should clean the apparatus and other articles.
7. The water taps and gas taps should be tightly closed after the work is over.
8. Never take and use any chemical or reagents prior taking permission from the teacher or the laboratory technician.
9. Always be in college uniform and maintain strict discipline.
10. Electrical switches should be put off before leaving the laboratory.
11. Actual observations and readings should be recorded in practical notebook , calculations and conclusions should be based on actual observations.
12. Practical must be performed individually.
13. Safety rules must be followed strictly and the student must know the emergency treatment for the accidents and laboratory infections.

# Syllabus

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## Pharmacotherapeutics—Practical

**Course Code: ER20-24P**

**25 Hours (1 Hour/week)**

**Scope:** This course is designed to train the students in the basic skills required to support the pharmaceutical care services for selected common disease conditions.

**Course Objectives:** This course will train the students on

1. How to prepare a SOAP (Subjective, Objective, Assessment and Plan) note for clinical cases of selected common diseases.
2. Patient counseling techniques/methods for common disease conditions.

**Course Outcomes:** Upon successful completion of this course, the students will be able to:

1. Write SOAP (Subjective, Objective, Assessment and Plan) notes for the given clinical cases of selected common diseases
2. Counsel the patients about the disease conditions, uses of drugs, methods of handling and administration of drug, life-style modifications and monitoring parameters.

### Practicals

- I. Preparation and discussion of SOAP (Subjective, Objective, Assessment and Plan) notes for at least SIX clinical cases (real/hypothetical) of the following disease conditions.
  1. Hypertension
  2. Angina Pectoris
  3. Myocardial Infarction
  4. Hyperlipidaemia
  5. Asthma
  7. COPD
  8. Diabetes
  9. Epilepsy
  10. Stroke
  11. Depression
  12. Tuberculosis
  13. Anaemia (any one type as covered in theory)
  14. Viral infection (any one type as covered in theory)
  15. Dermatological (any one type as covered in theory)
- II. Patient counseling exercises using role plays based on the real/hypothetical clinical case scenarios. The students are expected to provide counseling on disease condition, medication, lifestyle modifications, monitoring parameters, etc. and the same shall be documented (minimum 5 cases).
- III. Simulated cases to enable dose calculation of selected drugs in paediatrics and geriatrics under various pathological conditions (minimum 4 cases).



# Contents

*Preface*

*vii*

*Syllabus*

*ix*

## 1. SOAP of Clinical Cases of Selected Disease Conditions

1

- Experiment 1:** To submit SOAP report on the real/hypothetical clinical case of Diabetes 5
- Experiment 2:** To submit SOAP report on the real/hypothetical clinical case of Hypertension 11
- Experiment 3:** To submit SOAP report on the real/hypothetical clinical case of Angina Pectoris 27
- Experiment 4:** To submit SOAP report on the real/hypothetical clinical case of Asthma 23
- Experiment 5:** To submit SOAP report on the real/hypothetical clinical case of Myocardial Infarction 29
- Experiment 6:** To submit SOAP report on the real/hypothetical clinical case of Rheumatoid Arthritis 35
- Experiment 7:** To submit SOAP report on the real/hypothetical clinical case of Hyperlipidemia or Dyslipidemia 41
- Experiment 8:** To submit SOAP report on the real/hypothetical clinical case of COPD 47
- Experiment 9:** To submit SOAP report on the real/hypothetical clinical case of Epilepsy 53
- Experiment 10:** To submit SOAP report on the real/hypothetical clinical case of Stroke 59
- Experiment 11:** To submit SOAP report on the real/hypothetical clinical case of Depression 65
- Experiment 12:** To submit SOAP report on the real/hypothetical clinical case of Tuberculosis 71
- Experiment 13:** To submit SOAP report on the real/hypothetical clinical case of Iron Deficiency Anemia 77
- Experiment 14:** To submit SOAP report on the real/hypothetical clinical case of SARS-CoV-2 83
- Experiment 15:** To submit SOAP report on the real/hypothetical clinical case of Scabies 89

## 2. Patient Counseling

67

- Experiment 16:** To provide patient counseling session on the real/hypothetical clinical case of Hypertension 99
- Experiment 17:** To provide patient counseling session on the real/hypothetical clinical case of Diabetes 103
- Experiment 18:** To provide patient counseling session on the real/hypothetical clinical case of Asthma 107
- Experiment 19:** To provide patient counseling session on the real/hypothetical clinical case of Anemia 109
- Experiment 20:** To provide patient counseling session on the real/hypothetical clinical case of Epilepsy 113

## 3. Dose Calculation

121

- Experiment 21:** Calculate the dose of paracetamol for 8 years of a child (body weight 30 kg, surface area—1.08 square meters) suffering from fever and body ache. Adult dose—500 mg 125
- Experiment 22:** Calculate the dose of aspirin for 6 years of a child (body weight—20 kg, surface area—0.80 square meters) suffering from headache and toothache. Adult dose—500 mg 127
- Experiment 23:** Calculate the dose of ferrous fumarate for 3 months old infant (body weight—2 kg, surface area—0.15 square meters) suffering from iron deficiency anemia. Adult dose—0.6 gm 129
- Experiment 24:** To interpret/justify the dose of gentamicin of a 85 years old person (body weight—82 kg, height of 5'5") suffering from nonlife-threatening infection. Ordered—85 mg IM 8 hourly. Usual dose is 1mg per kg. Ideal body weight is 55–72 kg, so safe dose range is 55–72 mg 131

## INDEX

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## INDEX

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## INDEX

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