Contents

1. Preface to the Second Edition

Attention deficit hyperactive

Fear (See Anxiety also) 51

Grief/ Mourning 53

Impulsiveness 54

Mania 54

disorder, autism, dyslexia, etc.. 49

2. Introduction 1	Do not suppress an illness 12		
Dynamic Plane and Cure 1 Dynamic Plane of Sick Person 2 Dynamic Plane of Natural Disease 2 Dynamic Plane of Remedy 3 Arndt Schultzer law 4 Single and simple medicine at a time 4 Drug proving 5 Action and Reaction of Medicine 6 Sources of homoeopathic medicines and methodology of preparation 8 Mother tincture 8 Trituration 8 Potency 8 How to select the Medicine 9 Value of Symptoms 10 Treatment of the Patient not of the Disease 12	Selection of Potency 12 Dosage and Frequency of Medicine 13 Chronic Diseases or Chronic Miasms 14 Prognosis 17 Hering's law' of direction of cure of symptoms 18 How to Observe and Judge the Effects of a Prescribed Remedy 18 Kent's Twelve Observations 18 Homoeopathy: Nature's way of holistic healing 21 Precaution and advisory for taking homoeopathic medicine 22 Homoeopathic Landmarks 24 Treatment of nature's true chronic diseases under nature's law of cure 25 3. Classification of Disease 27		
Part I Acute (miasmatic) Diseases/Infectious Diseases Classification of Miasms			
Chicken pox 30 Cholera 31 Measles 32 Mumps 34 Scarlet fever 35	Smallpox 36 Whooping cough 37 Plague 39 Medicines used as Immune Boosters 41		
	art II ases and their Manifestations		
4. Afflictions of the Mind 45 Anger and rage 45 Anxiety (worry) 48	Nervousness 56 Nymphomania 57 Sadness and depression 58		

Satyriasis 59

Weeping 68

Suicidal disposition 60

Uncontrollable emotions (hysteria) 61

Unsoundness of mind (insanity) 62

Unhealthy tendencies in children 64

5.	Neurological Disorders	71	Polyp in ear 128	
	Alzheimer's Disease 71		Tinnitus 129 Wax in ear 129	
	Cerebral Palsy 73		Other afflictions of ear 129	
	Chorea 74 Collapse/Shock 74		9. Afflictions of Nose	131
	Delirium 75			131
	Dementia (senile) 75		Acute catarrhal rhinitis 131 Allergic rhinitis/Hay fever 133	
	Encephalitis 80		Cold, catarrh and coryza 135	
	Meniere's Disease 80 Meningitis 81		Epistaxis/ Nosebleed 137	
	Neuralgia 83		Nasal Polyp <i>138</i>	
	Parkinson's Disease 84		Sinusitis 139	
	Schizophrenia 86		Sneezing 142	
	Unconsciousness/Coma 89		Other Afflictions of Nose 143	
	Vertigo/Giddiness 90		10. Afflictions of Mouth and	
	Other afflictions of brain 92		Teeth	145
6.	Afflictions of Head	95	Afflictions of tongue 145	
	Alopecia areata 95		Aphthae (Mouth Ulcers) 147	
	Hair fall 96		Bad breath/ Halitosis 148	
	Dandruff 97		Bleeding Gums 149	
	Headache 97		Other afflictions of gums 149 Caries of teeth 150	
	Hydrocephalus 100 Lice 101		Toothache 151	
	Migraine 102		Other afflictions of teeth 152	
	Premature greying of hair 104		Dentition 153	
	Other afflictions of hair 105		Dryness of Mouth 154	
7 .	Afflictions of Eye/Vision	107	Pyorrhoea <i>155</i> Salivation <i>156</i>	
	Blepharitis 107		Taste 156	
	Blindness 107		Lock-jaw 157	
	Burning in eyes 108		11. Afflictions of Throat	159
	Cataract (old age) 109			137
	Chalazion 109		Adenoiditis <i>159</i> Diphtheria <i>160</i>	
	Conjunctivitis 110 Glaucoma 111		Goitre 161	
	Iritis 112		Pharyngitis 162	
	Keratitis 113		Sore Throat 162	
	Lachrymation (tears) 114		Tonsillitis 163	
	Myopia 114		Other afflictions of throat 165	
	Other afflictions of eye 115 Pterygium 117		12. Afflictions of Stomach	167
	Afflictions of Retina 118		Acidity (Hyper-acidity, H Pylori,	
	Stye 119		Gastralgia, etc.) 167	
	Squint 120		Alcoholism and De-Addiction 168	
	Trachoma 120		Colic and other afflictions infant 170	
	Afflictions of Vision 121		Dyspepsia/Indigestion 171	
8.	Afflictions of Ear/Hearing	125	Eructations 174 Increased Appetite 175	
	Ear ache (otalgia) 125		Increased Appetite 175 Increased Thirst 175	
	Deafness 126		Flatulence (Wind Formation) 176	
	Otorrhoea 127		Food allergies (Sensitivity)/Food aggravation	s 177

Other afflictions of Food aversions 178 prostate gland 239 Cravings/desires for food and other things 179 18. Afflictions of Urethra 241 Food Poisoning 180 Afflictions of Urine 241 Hiatus Hernia 180 Hic-Cough 181 Glucose/Sugar in urine 241 Intolerance to Milk (In infants) 182 Haematuria/Blood in urine 241 Diminished Appetite 182 Urinary tract infection Nausea 183 (E coli, etc.) 242 Vomiting 184 Other Afflictions of Urethra Travel Sickness 185 And Urine 244 Peptic Ulcer 186 19. Afflictions of Male Genitalia 249 Worm Infestation 188 Erections – affections of 249 13. Afflictions of Abdomen 191 Hydrocele 251 Abdominal pain 191 Impotency 252 Appendicitis 193 Masturbation - Male 253 Ascites 194 Orchitis 254 Colitis 195 Other afflictions of testicles 255 Seminal emission 256 Gall stones 196 Hernia (Umbilical and Inguinal) 199 Sexual desire/passion (male) 257 Pancreatic disorders 200 Satyriasis (see in mind chapter) 258 Peritonitis 200 Afflictions of spermatic cord 258 Fatty Liver 201 Spermatorrhoea 260 Afflictions of Spleen 201 Pruritus - Male Genitalia 260 14. Afflictions of Rectum 205 20. Afflictions of Female Genitalia 263 Anal fissure 205 Constipation 206 Abortion/ Miscarriage 263 Diarrhoea 209 Ailments during pregnancy 265 Dysentery 213 Labour-Afflictions of 266 Amoebiasis 214 Afflictions due to Fistula in ano 215 difficult birth 268 Hemorrhoids/ Piles 216 Leucorrhoea 268 Rectal prolapse 219 Masturbation – Female 270 Other afflictions of stool 219 Afflictions of menopause 271 Menstrual Disorders 272 15. Afflictions of Bladder 223 Menorrhagia 276 Bed wetting 223 Metrorrhagia 276 Cystitis 224 Metritis (inflammation of the Other afflictions of bladder uterus) 277 and urethra 226 Morning Sickness during pregnancy 277 229 16. Afflictions of Kidney Ovarian disorders 278 Albuminuria 229 Ovarian cysts 280 Nephritis 230 Post-partum afflictions 281 Renal calculi 232 Pruritus (female) 282 Other afflictions of kidney 233 Sterility/Infertility 284 Sexual desire – Female 285 17. Afflictions of Prostate Gland 237 Uterine polyp 287 Enlarged prostate gland/Benign Uterine Prolapse 287 hypertrophy of prostate gland 237 Other uterine disorders 288

Contents xi xi

21. Afflictions of Mammary Glands	291	Other Afflictions of Extremities (wrist drop, sprain, etc) 362 Ingrowing toe nails 363	
Complaints During Lactation 291 Other afflictions of the mammary glands 293		Other afflictions of nails 363 27. Afflictions of Sleep and Dreams	367
22. Afflictions of larynx and trachea Croup 297	297	Dreams and nightmares 367 Insomnia 369 Posture in sleep 371	
Hoarseness and Aphonia 298 Laryngitis 300		Somnambulism 372 Yawning 372 Influences of sleep 373	
23. Afflictions of Respiratory System	303	28. Fever and Perspiration Chikungunya and Dengue Fever 375	375
Acute Bronchitis 303 Chronic bronchitis 305 Bronchial asthma 306 Cough 311 Pleurisy 315 Pneumonia 316 Wheezing (Respiration) 322		Influenza/flu and flu like afflictions 377 Immunity: Homoeopathic View 388 Malaria 392 Septicemia (Blood Poisoning) 394 Fever 395 Tuberculosis 398 Typhoid 400	
24. Afflictions of Heart	325	29. Perspiration (Kinds and	100
Angina pectoris 325 Coronary Thrombosis 328 Palpitation 328 Other afflictions of heart 329		character) 30. Afflictions of skin Abscesses and boils 407	402 407
25. Afflictions of Back	333	Acne/ Pimples 410 Barber's itch 411	
Afflictions of Spine 333 Backache 335 Slipped disc and other affections of back 338 Spondylosis (including ankylosing spondylitis) 339 Cervical Spondylosis 341		Bed sores 412 Blisters 413 Contact dermatitis 413 Eczema 413 Erysipelas—acute bacterial infection of skin 415 Gangrene 417	
26. Afflictions of Extremities	345	Herpes Zoster 418 Impetigo 419	
Arthritis 345 Calcaneal spur 347 Rheumatism 348 Cramps 353 Chillblains 353 Corns 354 Gait 355 Knee pain 356 Sciatica pain 357 Tennis elbow 359 Varicose veins 360 Whitlow 361		Itching/ Pruritus 420 Keloids 420 Leprosy 421 Leucoderma/vitiligo 422 Molluscum contagiosum 422 Prickly heat 422 Psoriasis 423 Ringworm 424 Scabies 425 Ulcers 426 Urticaria/Hives 428 Warts 430	

Other Afflictions of Extremities

31. General Afflictions

432

Anaemia $\overline{432}$

Adverse effects/sequelae of bites 434

Body odour (Various types of) 435

Bone affections 436

Burns 437

Cancer (of Different Organs) 438

Adverse effects of radiation &

chemotherapy 444

Cerebral hemorrhage

Cerebral infarction or stroke

Cerebro-Vascular Accident

(CVA)/Stroke 444

Convulsions/epilepsy 447

Cosmetic Issues 449

Cyanosis at birth 450

Diabetes melitus 450

Emaciation 452

Eosinophilia 453

Fainting 454

Filariasis 455

Fracture 456

Gonorrhoea 457

Height, stunted 458

Hydrophobia (Rabies) 459

Hyper-sensitivity - including allergies 460

Hypertension - High blood pressure 462

Hypotension - Low blood pressure 464

Hypochondriasis 464

Hyperthyroidism/Toxic Thyroid 465

Hypothyroidism 466

Infections 467

Injury (Trauma, Cuts, Wounds, etc.) 469

To expel foreign body 471

Fatigue 471

Wounds 472

Jaundice 472

Lack of reaction 474

Left sided remedies 476

Leukemia 476

Lichen planus 477

Lipoma (benign fatty tumour) 477

Lupus Erythematosus/Lupus

Vulgaris 478

Malnutrition-effects of 478

Mastoiditis 479

Metastasis 479

Multiple sclerosis 480

Neuritis (see neuralgia also) 481

Obesity 482

Occupational disorders 483

Oedema (external dropsy) 484

Opposite characteristic symptoms 484

Osteomyelitis 485

Oversensitivity to hot and cold 486

Pain, characteristics of (See other 487

relevant chapters also)

Paralysis 487

Periodicity 489

Poliomyelitis 490

Poisoning/adverse effects 491

Post operative complications 491

Pulse Affections of 492

Restlessness (see anxiety also) 494

Rickets 494

Scurvy 495

Peculiar Sensations 495

Sprains 497

Stammering 498

Stroke/Apoplexy-after effects 499

Sun stroke 499

Syphilis 500

Tetanus 501

Time modalities 502

Travel sickness 503

Tumours 504

Uric acid diathesis 505

Adverse effects of vaccination/

inoculation 506

Weakness (see emaciation also) 506

xiii

Anti-miasmatic remedies 508

Dr. Gibson miller's hot and

cold remedies 510

Bibliography 511

Contents

The Importance of Disposition

ightening is a common phenomenon during thunderstorms, around the world. It is often perceived as destructive due to the loud thunderous noise accompanied by a massive release of electrical energy which can be fatal to living organisms. This mammoth surge of energy, upon direct contact, disintegrates living tissue since nature has not designed living organisms to safely channel this quantum of energy. While this might be true, certain mushroom/ fungi spores are able to use the energy in the lightning for an induced growth spurt. A fungi that suffers a direct hit from a lightning strike will be destroyed and will transfer the energy into the soil. As the electrical charge is grounded, it weakens as it travels through the soil. This weakened charge catalyses the growth of fungi spores by encouraging the growth of proteins and enzymes in them.

This inherent characteristic of fungi, which enables it to channel this energy and utilise its vital force to create life is an excellent example of the unique disposition of an individual organism and its importance. It is due to the inherent unique disposition of the fungi species, hardcoded into its genetic blueprint, the fungi is able to thrive, by utilising a force of nature, which is otherwise absolutely destructive to other life forms.

This explains the disposition of the specific species of mushroom that is intrinsic to its genetic code. As understood from the aforementioned example, every individual has a particular disposition, which is intrinsic to its genetic code. No two individuals are ever alike. Every living organism is unique with distinct dispositions. Hence, it is important to understand the basic nature/ disposition of every individual in order to ascertain the corresponding remedy. This will ultimately enable us to cure the individual successfully and non violently, by restoring the balance and flow of vital energy that flows through the individual patient.